



## Massage Therapy Intake Form

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: HM \_\_\_\_\_ WK \_\_\_\_\_ Cell \_\_\_\_\_

Email: \_\_\_\_\_ Occupation: \_\_\_\_\_

Whom may I thank for referring you? \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Are you presently taking any medication? \_\_\_\_ Yes \_\_\_\_ No

Have you had a recent major surgical procedure or injury? \_\_\_\_ Yes \_\_\_\_ No

Are you currently seeing a Chiropractor, Physical Therapist, or Physician for an ongoing issue? \_\_\_\_ Yes \_\_\_\_ No

If you answered "yes" on any of the previous 3 questions please specify: \_\_\_\_\_

Are you allergic to any Lotions or Oils? \_\_\_\_ Yes \_\_\_\_ No Please list the allergen: \_\_\_\_\_

**Circle the following conditions that apply to you, past and present.**

**Please add your comments to clarify the condition.**

### Muscular-Skeletal

Headaches

Joint Stiffness/Swelling

Broken/Fractured Bones

Strains/Sprains

Neck/Back/Hip Pain

Shoulder/Arm/Hand Pain

Leg/Foot Pain

Chest/Ribs/Abdominal Pain

Jaw Pain/TMJ

Tendinitis

Bursitis

Arthritis

Osteoporosis

Scoliosis

Other: \_\_\_\_\_

### Circulatory/Respiratory

Dizziness

Shortness of Breath

Fainting

Cold Feet / Cold Hands

Cold Sweats

Stroke

Heart Condition

Allergies

Asthma

High Blood Pressure

Other: \_\_\_\_\_

### Digestive

Indigestion

Constipation

Intestinal Gas/Bloating

Diarrhea

Irritable Bowel Syndrome

Colitis

Other: \_\_\_\_\_

### Nervous System

Numbness/Tingling

Fatigue

Sleep Disorders

Ulcers

Paralysis

Herpes

Shingles

Cerebral Palsy

Epilepsy

Chronic Fatigue Syndrome

Muscular Dystrophy

Parkinson's Disease

Other: \_\_\_\_\_

Comments:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Skin

Rashes

Allergies

Athlete's Foot

Acne

Impetigo

Hemophilia

Other: \_\_\_\_\_

### Reproductive System

Pregnancy

Other: \_\_\_\_\_

### Other

Loss of Appetite

Depression

Difficulty Concentrating

Hearing Impaired

Visually Impaired

Diabetes

Fibromyalgia

Post/Polio Syndrome

Cancer

Tuberculosis

Other: \_\_\_\_\_

Please list any and all medications: \_\_\_\_\_

\_\_\_\_\_

**Consent for Therapy and Waiver of Liability**

The undersigned (“Client”) hereby freely consents to receipt of massage services from:  
*Enlightened Ways Massage, Melissa Taylor, Licensed Massage Therapist*

**Client agrees as follows:**

Client understands and agrees that they will provide the Therapist with complete and accurate health information and a written referral from Client’s primary healthcare provider if Client is currently receiving care or has a specific medical condition or symptoms for which Client takes medication or receives periodic evaluations or treatment. Client understands that massage therapy is designed to be an ancillary health aid and is not suitable for primary medical treatment for any condition.

1. Client and Therapist have discussed the potential benefits and possible side effects of massage therapy and have agreed upon a course of focused attention and manually therapy for the predetermined goals of stress reduction, relief of muscular discomfort, and/or promotion of general health. Client has been given an opportunity to ask questions of the Therapist and has received all requested information.

2. Client understands that the unclothed body will be draped at all times for warmth, sense of security, and as a mark of massage therapy professionalism. Client agrees to immediately inform the Therapist of any unusual sensation or discomfort so that the application of pressure may be adjusted to Client’s level of comfort. Client understands that massage therapy is not sexual in any manner and that any illicit or suggestive remarks or behavior on the client’s part, will result in an immediate termination of the therapy session. Client understands that payment will be expected in full; regard less if the massage is completed or not.

3. Client hereby assumes full responsibility for receipt of the massage therapy, and releases and discharges Therapist from any and all claims, liabilities, damages, actions, or causes of action arising from the therapy received hereunder, including, without limitation, any damages arising from acts of active or passive negligence on the part of the Therapist, to the fullest extent allowed by law.

4. Client, in signing this consent for Therapy and Waiver of Liability (“Consent”), understands and agrees that this Consent will apply to and govern the current and all future therapy sessions performed by Therapist.

<hr/> Client Signature	<hr/> Client Printed Name	<hr/> Date
<hr/> Massage Therapist Signature	<hr/> Massage Therapist Printed Name	<hr/> Date